



FOR IMMEDIATE RELEASE

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CALGARY CHARITY HELPS TEEN CREATE NEW HOME

12-year-old Alex navigates newly renovated home made accessible by Hearts & Hammers

Hearts & Hammers will be hosting a media visit with Alex and Amy Wist and some of our project sponsors on Tuesday, June 21st from 10:00 AM to 11:00 AM.

In August 2015, 12-year-old Alex had a tragic gymnastics accident that left her with a spinal cord injury. Alex spent over 5 months at the Alberta Children's Hospital with her mother, Amy, by her side. While Alex recovered, Amy, a single mother, made arrangements for the two of them to move to a more suitable home. A bungalow was found, but it needed several renovations and modifications to make it truly accessible for Alex. Some friends and Alex's school principal nominated Alex and Amy to receive a Hearts & Hammers renovation.

Alex's nomination was selected, and over the past few months the Hearts & Hammers team and its partners were able to install a porch lift, replace flooring, make the bathroom fully accessible, and several other improvements. Alex and Amy have now moved in and are enjoying their new home.

We invite the media to meet Alex and Amy, view the renovations, meet some Hearts & Hammers team members and our key sponsors.

Hearts & Hammers is a local nonprofit that provides home renovations to families in need with mobility challenges. Totally reliant on the generosity of volunteers, trades and the support of sponsors and donors, we are dedicated to making home life easier and more comfortable for families with mobility challenges.

Dedicated to providing renovations for locals in need with mobility challenges
heartsandhammers.ca

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